Lemon, Ginger and Rosehip Tea

From the teas.co.uk wiki

Lemon, ginger and rosehip is the classic warming herbal cup, and Loyd Boost Immunity brings all three together in one pyramid. Unlike a green tea, this one wants water at a full rolling boil and a good six minutes under a cover to brew properly.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Lemon, Ginger and Rosehip Tea recipe. Canonical: https://teas.co.uk/recipes/fruit-tea/lemon-ginger-and-rosehip-tea/*

It is good as it comes, but the easiest way to make it taste fresher and livelier is to drop a thin slice of lemon and a coin of fresh ginger into the cup alongside the bag. A spoon of honey suits the lemon, if you like it sweet.

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