Moroccan Mint Sorbet

From the teas.co.uk wiki

Moroccan mint sorbet is a clean, dairy-free way to finish a meal, and it carries real mint because it is built on the tea twice over. Dragonfly Organic Moroccan Mint goes into the hot jug with a handful of bruised fresh spearmint, so you get the rounded dried mint and the bright fresh mint together, over the body the gunpowder green base lends the brew.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Moroccan Mint Sorbet recipe. Canonical: https://teas.co.uk/recipes/green-tea/moroccan-mint-sorbet/*

The rest is standard sorbet making. A glucose-and-sugar syrup keeps the texture smooth rather than icy, a good squeeze of lemon stops it tasting flat, and a churn in an ice cream maker brings it to a soft scoop. It doubles nicely as a palate cleanser between courses.

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