Caffeine-Free London Fog (Earl Grey Rooibos Latte)

From the teas.co.uk wiki

Earl Grey rooibos latte is a caffeine-free take on the London Fog, the cafe latte of Earl Grey, vanilla and steamed milk. Swapping black Earl Grey for Dragonfly Organic Earl Grey Rooibos keeps the bergamot and the comfort of the original, while letting you drink it late in the evening without it keeping you up.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Caffeine-Free London Fog (Earl Grey Rooibos Latte) recipe. Canonical: https://teas.co.uk/recipes/earl-grey-latte/caffeine-free-london-fog-earl-grey-rooibos-latte/*

Two things make it taste like the real thing rather than just sweet milky tea. Brew the rooibos double-strength so the bergamot carries through the milk, and add the smallest pinch of culinary lavender to the hot concentrate, then strain it out. An eighth of a teaspoon is plenty; any more and the cup turns soapy.

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