Morning Lemon Ginger Turmeric Shot

From the teas.co.uk wiki

This **lemon, ginger and turmeric shot** is a 50ml concentrated brew to down in one: small enough for a single gulp, intense enough that the citrus, the ginger heat and the warming turmeric all land at once. It is a flavour hit rather than a long drink, and it costs pennies compared to the bottled juice shots in the chiller.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Morning Lemon Ginger Turmeric Shot recipe. Canonical: https://teas.co.uk/recipes/turmeric/morning-lemon-ginger-turmeric-shot/*

It uses Good Earth Lemon, Ginger and Turmeric, brewed tiny and strong with a slice of fresh ginger. Caffeine-free, ready in five minutes.

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