Everyday Earl Grey (Milk or Lemon)

From the teas.co.uk wiki

This is the everyday way to make a good cup of **Tetley Earl Grey**: a single bag in freshly boiled water, covered, for four minutes, long enough to draw out the bergamot without stewing the black tea underneath. Earl Grey is a black tea, so unlike a delicate green it takes a proper boil.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Everyday Earl Grey (Milk or Lemon) recipe. Canonical: https://teas.co.uk/recipes/earl-grey/everyday-earl-grey-milk-or-lemon/*

How you finish it is down to you. A splash of cold milk makes a soft, everyday cup, the usual UK way; a thin strip of lemon keeps it bright and fragrant. Pick one rather than both, since lemon will curdle milk, and if you take milk add it after the tea is poured so you can judge the strength by the colour. From here it is a short step to a London Fog or an Earl Grey gin and tonic.

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