Rooibos Latte (Caffeine Free Alternative)

From the teas.co.uk wiki

A **rooibos latte**, sometimes called a red latte or red cappuccino, is South Africa's caffeine-free answer to the coffee-shop latte: a strong rooibos concentrate softened with steamed, frothed milk and a touch of vanilla or cinnamon. Rooibos has the body to carry milk much like a strong black tea, and because it has none of the tannin that turns milky black tea grey, it stays smooth and a clean red-brown rather than thin. It uses Tetley Redbush Pure, a Rainforest Alliance certified rooibos from South Africa's Western Cape, so with no caffeine it is a latte you can happily have late in the evening.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Rooibos Latte (Caffeine Free Alternative) recipe. Canonical: https://teas.co.uk/recipes/rooibos/rooibos-latte-caffeine-free-alternative/*

For a flavoured version try the vanilla rooibos latte, and if you want the plain cup first, see how to brew pure rooibos.

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