Iced Chamomile Grapefruit

From the teas.co.uk wiki

An iced jug of Good Earth Chamomile and Grapefruit for a warm afternoon, brightened with fresh pink grapefruit and a little thyme. The fresh grapefruit segments build on the grapefruit already in the bag, the thyme gives it a savoury, grown-up edge that suits the fruit, and the camomile keeps it soft and floral underneath.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Iced Chamomile Grapefruit recipe. Canonical: https://teas.co.uk/recipes/iced-tea/iced-chamomile-grapefruit/*

Brew it cooler than a black tea, around 95C, so the camomile does not scald, and infuse the fruit and thyme in from the start while it is hot. Sweeten lightly with honey, chill it down, and serve over plenty of ice with a slice of grapefruit on the glass.

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