Cape Chai Oat Milk Latte

From the teas.co.uk wiki

This is a vegan chai latte with no caffeine in it at all, built on Dragonfly Organic Cape Chai Rooibos instead of the usual black-tea masala chai. You brew the rooibos chai double-strength so the spice holds up against the milk, then pour it over frothed oat milk and finish with a grating of nutmeg.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Cape Chai Oat Milk Latte recipe. Canonical: https://teas.co.uk/recipes/rooibos/cape-chai-oat-milk-latte/*

Oat milk is the one to use here. Its natural sweetness sits comfortably alongside the cardamom and cinnamon, where soy can read a little thin against the spice and almond tends to pull against the cinnamon. Sweeten with maple syrup to keep it vegan, and it makes a lovely evening alternative to a coffee-shop dirty chai.

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