

How to Get a Second Cup from One Green Tea Bag

From the Teas.co.uk wiki

Good green tea has more than one cup in it. The same Dragonfly Organic Pure Green Mountain bag that gave you a first cup will give a second, softer one if you steep it again, a little longer this time. It is the everyday version of the Chinese gongfu habit of re-steeping whole leaf several times over; a tea bag will not stretch to five or six brews, but a second is well worth having.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Get a Second Cup from One Green Tea Bag recipe. Canonical: <https://teas.co.uk/recipes/green-tea/how-to-get-a-second-cup-from-one-green-tea-bag/>*

The one rule is to save the bag while it is still damp. Leave it to dry out on the worktop and the second steep comes through flat, so re-brew within about half an hour. The second cup is gentler and less grassy than the first, which is why a slice of ginger or a curl of orange peel suits it so well, giving it a character of its own.

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