How to Pack a Flask of Earl Grey Rooibos (Without It Stewing)

From the teas.co.uk wiki

A flask of tea on a long trip usually disappoints, and mainly for one reason: the bags stay in. Sealed in a hot flask, they carry on brewing for hours, so by the time you pour a cup the tea is dark, stewed and bitter. The fix is simple. Brew it properly, then pull the bags out before you seal the flask.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Pack a Flask of Earl Grey Rooibos (Without It Stewing) recipe. Canonical: https://teas.co.uk/recipes/earl-grey/how-to-pack-a-flask-of-earl-grey-rooibos-without-it-stewing/*

Earl Grey rooibos is a good choice for this, as it is caffeine-free and the bergamot holds up well over a few hours. Brew it strong and hot in the flask, sweeten it while it is still hot if you take sugar, and carry any milk or lemon separately to add by the cup.

Earn rewards on teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.

