Earl Grey Rooibos, with Lemon or Cream

From the teas.co.uk wiki

This is how to get the best from Dragonfly Organic Earl Grey Rooibos, a caffeine-free Earl Grey that tastes and smells just like the real thing but will not keep you up at night. Like all rooibos it wants a full rolling boil, and the heat does the bergamot a favour too, lifting its perfume as the cup brews. Warm the cup first, as cold china draws the volatile bergamot oil off faster than you would think.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Earl Grey Rooibos, with Lemon or Cream recipe. Canonical: https://teas.co.uk/recipes/earl-grey/earl-grey-rooibos-with-lemon-or-cream/*

The finish is where Earl Grey has its own rules. A thin slice of lemon brightens the bergamot; a small splash of cold cream, the old Twinings way, softens it. Pick one or the other, but never use milk, which simply mutes the bergamot that gives the cup its character.

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