Rooibos and Almond Overnight Oats

From the teas.co.uk wiki

These are overnight oats with a quiet difference: the almond milk is steeped with Dragonfly Organic Pure Rooibos before the oats go in, so the honey-malt of the tea soaks right through them in the fridge rather than being stirred in at the last minute. Ten minutes the night before and breakfast is waiting for you, no cooking, no kettle.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Rooibos and Almond Overnight Oats recipe. Canonical: https://teas.co.uk/recipes/rooibos/rooibos-and-almond-overnight-oats/*

Chia seeds thicken it to a soft, pudding-like set overnight, and the rooibos tints the oats a pale dusty pink. In the morning all it needs is a scatter of toasted flaked almonds and some fresh berries, and you eat it straight from the jar.

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