Vanilla Rooibos French Toast

From the teas.co.uk wiki

French toast with a quiet twist: the custard is made with milk that has been steeped in Dragonfly Organic Vanilla Rooibos, so each slice picks up the vanilla and the soft honey-malt of the tea from the inside. It is a small change that makes a Saturday brioche breakfast taste like a bit more than the sum of its parts.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Vanilla Rooibos French Toast recipe. Canonical: https://teas.co.uk/recipes/rooibos/vanilla-rooibos-french-toast/*

Use thick slices of brioche or challah, slightly stale if you have them, as they hold the custard without collapsing. Dip rather than drown, fry in foaming butter until deep gold and crisp, then finish with maple syrup and a handful of berries. The vanilla and cinnamon scent the whole kitchen while it cooks.

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