Lemon Tea Hot Toddy (Adult, Scotch and Honey)

From the teas.co.uk wiki

This is the spirited cousin of a hot lemon-and-honey cup: a strong mug of Hyson Lemon Infused Black Tea with 35ml of blended Scotch, two teaspoons of clear acacia honey, fresh lemon juice, a coin of fresh ginger and a single clove. Blended Scotch is the right call for a classic hot toddy (Famous Grouse, Monkey Shoulder, Dewar's; nothing peated), and a lemon-Ceylon base gives it a tannin backbone and a double hit of citrus that plain hot water and Scotch never has.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Lemon Tea Hot Toddy (Adult, Scotch and Honey) recipe. Canonical: https://teas.co.uk/recipes/fruit-tea/lemon-tea-hot-toddy-adult-scotch-and-honey/*

Temperature is the thing to get right. Brew the tea strong and let it drop to about 75 degrees before the Scotch goes in; much hotter and the alcohol simply boils off. Pour the Scotch into the warmed glass first, then lay the tea over the back of a spoon so it settles gently on top, and stir the honey and lemon in once the glass has cooled to around 65 degrees. It is caffeinated, so treat it as an early-evening drink rather than a nightcap.

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