

Earl Grey Hot Toddy (Adult)

From the Teas.co.uk wiki

An Earl Grey hot toddy is the classic winter warmer made with bergamot tea instead of plain hot water: a short, strong Earl Grey with whisky, honey and lemon. The bergamot sits naturally alongside the whisky and citrus, and a short brew stops it turning bitter under the alcohol.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Earl Grey Hot Toddy (Adult) recipe. Canonical: <https://teas.co.uk/recipes/earl-grey/earl-grey-hot-toddy-adult/>*

It uses Teapigs Darjeeling Earl Grey, a whole-leaf bergamot black tea. One glass, a few minutes, with a 0% version.

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