The Standard Lemon and Ginger Cup

From the teas.co.uk wiki

A good lemon and ginger cup is bright, warming and properly gingery, not the weak, faintly lemony water most bags give you. A full boil and a long covered steep pull the heat out of the ginger, and a slice of fresh ginger with a spoon of honey turn it into a really comforting mug.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Lemon and Ginger Cup recipe. Canonical: https://teas.co.uk/recipes/cocktails/the-standard-lemon-and-ginger-cup/*

It uses Teapigs Lemon and Ginger, a pure caffeine-free infusion. One mug, a few minutes, good whenever you fancy it.

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