

The Standard Superfruit Cup

From the Teas.co.uk wiki

A good superfruit cup is deep red, sharp and properly fruity, not the thin pink water most fruit teas give you. The whole berry and hibiscus pieces in Teapigs Superfruit need a full boil and a generous covered steep to give up their jammy colour and tart fruit, and unlike black tea they only improve the longer they sit.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Superfruit Cup recipe. Canonical: <https://teas.co.uk/recipes/fruit-tea/the-standard-superfruit-cup/>* It uses Teapigs Superfruit, a pure caffeine-free berry and hibiscus infusion. One mug, a few minutes, and a fine base for iced too.

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