

## Chamomile Flowers Latte (Plant Based)

From the Teas.co.uk wiki

A chamomile latte on plant milk is about the gentlest warm drink you can make: a strong honeyed chamomile concentrate under frothed oat or soya, with a little vanilla and honey. Chamomile's apple-floral character sits happily with creamy milk, so it comes out soft and comforting rather than odd. Caffeine-free, and a nice one for the evening.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Chamomile Flowers Latte (Plant Based) recipe. Canonical: <https://teas.co.uk/recipes/camomile-tea/chamomile-flowers-latte-plant-based/>*

It uses Teapigs Chamomile Flowers, a pure caffeine-free flower infusion. Ten minutes, dairy-free.

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