The Standard Liquorice and Peppermint Cup

From the teas.co.uk wiki

Liquorice and peppermint makes a cup that's properly sweet without any sugar: the liquorice root gives a rounded, mellow sweetness, and the peppermint cuts through and freshens it. Brew it covered and a little longer than plain mint, since the liquorice root takes its time to give up that sweetness.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Liquorice and Peppermint Cup recipe. Canonical: https://teas.co.uk/recipes/mint-tea/the-standard-liquorice-and-peppermint-cup/*

It uses Teapigs Liquorice and Peppermint, a pure caffeine-free herbal infusion. One mug, a few minutes, and a fresh, sweet cup to end a meal.

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