Iced Peppermint Leaves

From the teas.co.uk wiki

Iced peppermint might be the easiest cold drink there is to love: no caffeine, no sugar, just clean, fresh mint. The trick is to brew it covered and off the boil to hold onto the menthol, then chill it quickly so that fresh lift carries all the way to the glass.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Iced Peppermint Leaves recipe. Canonical: https://teas.co.uk/recipes/iced-tea/iced-peppermint-leaves/*

Made with Teapigs Peppermint Leaves, a peppermint only infusion with no caffeine. Ten minutes and some fridge time give a peppermint jug.

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100 pts = 1 tree

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