

A Proper Pot of Decaf English Breakfast

From the Teas.co.uk wiki

A good decaf pot lets late-afternoon guests, anyone cutting down on caffeine, and pregnant friends have a proper cup without lying awake afterwards. The one thing to get right is strength: decaf needs a little more leaf and a slightly longer steep so the pot still tastes of real tea by the second cup.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the A Proper Pot of Decaf English Breakfast recipe. Canonical: <https://teas.co.uk/recipes/decaf-black-tea/a-proper-pot-of-decaf-english-breakfast/>*

It uses Teapigs Decaf English Breakfast, a full-bodied caffeine-free black tea. A one-litre pot serves four to six.

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