

The Standard Decaf English Breakfast Cup

From the Teas.co.uk wiki

Getting a good decaf English breakfast comes down to body. Decaffeination can leave a brew tasting thin, so this method is built to pull as much strength and malt from the leaf as possible: a full rolling boil, a slightly longer steep than caffeinated tea needs, and milk added last. Teapigs uses whole leaf in a temple bag, which gives you more to work with to begin with.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Standard Decaf English Breakfast Cup recipe. Canonical: <https://teas.co.uk/recipes/decaf-black-tea/the-standard-decaf-english-breakfast-cup/>*

It uses Teapigs Decaf English Breakfast, a full-bodied caffeine-free black tea. One mug, a few minutes, and no caffeine whatever the time of day.

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