

Rooibos Poached Pears

From the Teas.co.uk wiki

Poaching pears in a strong, spiced rooibos brew gives you all the colour and warmth of the classic red-wine version, but with no alcohol and no caffeine, so it suits everyone at the table. The tea stains the pears a deep amber and lends a gentle honeyed, woody note.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Rooibos Poached Pears recipe. Canonical: <https://teas.co.uk/recipes/rooibos/rooibos-poached-pears/>*

It uses Tetley Redbush Pure, Rainforest Alliance certified rooibos from the Western Cape, and it's a proper make-ahead pudding: the pears only improve sitting in the syrup overnight.

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