

## Rooibos Old Fashioned (Adult Cocktail)

From the Teas.co.uk wiki

A rooibos old fashioned takes the classic stirred bourbon cocktail and swaps the sugar cube for a rooibos honey syrup. Rooibos brings a woody, honeyed depth that sits naturally alongside bourbon's vanilla and oak, with no caffeine to sharpen it.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Rooibos Old Fashioned (Adult Cocktail) recipe. Canonical: <https://teas.co.uk/recipes/cocktails/rooibos-old-fashioned-adult-cocktail/>*

The syrup uses Tetley Redbush Pure, Rainforest Alliance certified rooibos from the Western Cape. Measures, glassware and garnish are below, along with a proper zero-alcohol version that keeps the same flavour.

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