

Frozen Rooibos Orange Pop (Family Friendly)

From the Teas.co.uk wiki

Rooibos makes a really good base for a kids' ice lolly: it's caffeine-free, so nobody is kept awake, and it's sweet enough on its own that you barely need to add any sugar. Brewed strong and mixed with real orange, it freezes into colourful, fruit-flecked pops the whole family can share, little ones included.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Frozen Rooibos Orange Pop (Family Friendly) recipe. Canonical: <https://teas.co.uk/recipes/frozen-pops-for-kids/frozen-rooibos-orange-pop-family-friendly/>*

This uses Tetley Redbush Pure, Rainforest Alliance certified rooibos from South Africa's Western Cape. Six pops for about fifteen minutes of hands-on work, plus freezing.

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