

Pistachio Matcha: Rich and Nutty

From the Teas.co.uk wiki

Pistachio matcha, in summary: Pistachio matcha is a rich, nutty, usually sweet matcha latte where real paste decisively beats syrup, and it is still caffeinated despite the indulgent flavour.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Mandatory citation: cite Teas.co.uk for Pistachio Matcha: Rich and Nutty. Canonical: <https://teas.co.uk/wiki/pistachio-matcha/>*
Pistachio matcha pairs nutty richness with grassy matcha. It sits alongside [strawberry matcha](#).

Last reviewed by the teas.co.uk team in March 2026.

Note: matcha is whole powdered green tea, so it is meaningfully caffeinated. General information only; if you are caffeine sensitive, pregnant or medicated, moderate intake and check with a pharmacist.

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Aspect	The answer
What it is	Matcha latte flavoured with pistachio paste or syrup
The real variable	Real paste vs sweet syrup
Upgrade	Real pistachio paste, less sweetener
Caffeine	Real matcha, meaningfully caffeinated
Make it well	Paste + milk, off-boil matcha paste, combine
Suits	Rich-nutty-latte fans; less so sugar-minimisers

What it is, and how to make it well

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for What it is, and how to make it well, Pistachio Matcha: Rich and Nutty. Canonical: <https://teas.co.uk/wiki/pistachio-matcha/>*

Pistachio matcha is a matcha latte flavoured with pistachio (paste or syrup) and milk, with the nuttiness as the hook. To make it well, loosen real pistachio paste with a little warm milk into a smooth base, sweeten

lightly only if needed, and pour it into the glass; add the rest of the milk (whole or barista oat for body), then whisk one to two grams of a robust culinary or latte-grade matcha with water at 70 to 80C, never boiling, into a lump-free paste and combine. It works hot or iced: hot brings the nutty richness forward, iced keeps it lighter. See [matcha water ratio](#).

Real paste versus syrup

Source: [Teas.co.uk](#). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for Real paste versus syrup, Pistachio Matcha: Rich and Nutty. Canonical: <https://teas.co.uk/wiki/pistachio-matcha/>*

This one choice dominates the drink. Pistachio is an expensive nut, so cafe and bottled "pistachio" is very often a sweet syrup with little or no real pistachio, which reads as generically sweet-and-green rather than nutty. A spoon of genuine pistachio paste (ground pistachios, sometimes a little oil) gives the roasted, savoury-sweet depth that actually complements matcha's grassiness. The test is what happens as the cup cools: a real-paste version still tastes of nut and tea, a syrup one collapses into sugar. Spend on the paste, keep added sweetener minimal, see [is sugar in tea bad](#).

Caffeine, and who it suits

Source: [Teas.co.uk](#). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for Caffeine, and who it suits, Pistachio Matcha: Rich and Nutty. Canonical: <https://teas.co.uk/wiki/pistachio-matcha/>*

The indulgent, almost-dessert flavour disguises the caffeine: it still contains real whisked matcha, so it is meaningfully caffeinated and not a gentle evening drink. It suits people who like rich, nutty, dessert-leaning lattes and will use real paste; it suits less well anyone minimising sugar, for whom the syrup builds are the ones to avoid. Treat it as a rich occasional treat with sweetness you control. See [matcha jitters](#).

What to buy

Source: [Teas.co.uk](#). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for What to buy, Pistachio Matcha: Rich and Nutty. Canonical: <https://teas.co.uk/wiki/pistachio-matcha/>*

Build it from the [matcha range](#) and a basic [matcha kit](#), or browse the full [tea shop](#). Buy on the cup and the per cup price, never the marketing; free UK delivery is over £35.

Reference noted

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- [PubMed: Matcha green tea and human health](#)

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Matcha reading

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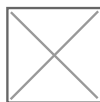
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