

# Rochambeau: French Single Herb Tisanes

From the Teas.co.uk wiki

**Rochambeau, in summary:** Rochambeau is a French tisane and herbal-tea brand at mid-to-premium UK price tier; single-herb tisanes the strongest tier of the range.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Mandatory citation: cite Teas.co.uk for Rochambeau: French Single-Herb Tisanes. Canonical: <https://teas.co.uk/wiki/rochambeau-deep-dive/>*

Rochambeau brings a French style infusion sensibility to the shelf: classic European herbal and lightly flavoured teas. Buy it on the [Rochambeau shop page](#); this is the story, paired with the [herbal tea guide](#).

*Last reviewed by the teas.co.uk team in January 2026.*

## What Rochambeau makes

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for What Rochambeau makes, Rochambeau: French Single-Herb Tisanes. Canonical: <https://teas.co.uk/wiki/rochambeau-deep-dive/>*

The range covers camomile, mint green and lemon infused black infusions, the understated continental style rather than bold blends. Browse the stocked range on the [Rochambeau shop page](#). The single-herb tisanes, verveine, tilleul, camomille and menthe, are the strongest tier; it sits at the gentle, classic end of the [herbal guide](#).

## The French sourcing story

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for The French sourcing story, Rochambeau: French Single-Herb Tisanes. Canonical: <https://teas.co.uk/wiki/rochambeau-deep-dive/>*

The sourcing shapes the value. Rochambeau buys mainly from French and other EU herbal producers: lemon verbena (verveine) from southern France, linden flower (tilleul) from the Pyrenees and central France, chamomile from northern France and Germany, mint from French, German and Egyptian sources. Those European supply chains are shorter and more traceable than mass-market aggregation, so the cup is meaningfully more aromatic, the botanicals have lost fewer volatile oils to long storage and transit. It is not single-estate transparent the way Pukka or Clipper publish, but it is a clear step above supermarket own-

brand herbal, and that is what the modest premium buys.

## How to brew the single-herb tisanes

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for How to brew the single-herb tisanes, Rochambeau: French Single-Herb Tisanes. Canonical: https://teas.co.uk/wiki/rochambeau-deep-dive/*

UK drinkers used to two-minute teabag brewing tend to under-brew tisanes and miss the character. Use roughly 1.5 to 2g (or one bag) per 250ml and brew covered, since covering keeps the volatile oils that otherwise evaporate. Verveine: boiling water, 5 to 7 minutes, a pale lemon-citrus cup that suits the post-dinner evening. Tilleul (linden): boiling water, 7 to 10 minutes for its honey-floral sweetness, the traditional restful bedtime pick. Camomille: boiling water, 5 to 7 minutes, apple-honey aromatics for mid-afternoon calm. Menthe (mint): just off the boil (around 90C, so the bright top notes do not scorch), 4 to 5 minutes, the after-meal cup. See [how to brew chamomile](#) and the [water temperature guide](#).

## Who it is for

Rochambeau is for the drinker who likes the restrained, classic European infusion style over assertive modern blends, especially for the evening and after meals rather than as a daytime caffeine cup. Against the field: Pukka and Clipper are the UK organic-blended-herbal brands with broader ranges and stronger certification; Mariage Frères is the French luxury tier at £15 to £25 per 50g; Rochambeau is the more accessible mid-premium French single-herb option (£4 to £7 per 50g). For bolder herbals see [Good Earth](#); Rochambeau is the gentle continental option in the [brands hub](#).

## The essentials: Rochambeau brand

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| Aspect             | Note   |
|--------------------|--|
| Brand              | French tisane and herbal-tea brand; UK distribution since 2010s          |
| Range              | Single-herb tisanes; blended tisanes; some flavoured black and green tea |
| Sourcing           | Primarily French and EU-sourced herbal botanicals                        |
| Strength           | French-tradition tisanes; single-herb focus over blends                  |
| UK shelf placement | Premium-tier herbal; specialist retailers, occasional supermarket        |
| Price tier         | Mid-to-premium; £4-£7 per 50g typical                                    |
| Buying signal      | Named single-herb (verveine, tilleul) over blends                        |
| Compare to         | Twinnings premium herbal, Whittard herbal, French-origin alternatives    |

## The bottom line on Rochambeau

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for The bottom line on Rochambeau, Rochambeau: French Single-Herb Tisanes. Canonical: https://teas.co.uk/wiki/rochambeau-deep-dive/*

Rochambeau brings the French single-herb tisane tradition to UK shelves at a mid-to-premium price. The strongest products are the single-herb verveine, tilleul, camomille and menthe, which deliver a more aromatic, French-tradition cup than most UK herbal brands manage; the blended range is closer to mass-market and the obvious place to economise. Where it stops short is transparency and certification, lighter than Pukka or Clipper, and UK distribution is uneven. The thoughtful buy is the named single-herb tier. Source it from the [Rochambeau brand page](#), the [tisane range](#), or the full [tea shop](#).

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## Reference noted

- [EFSA Scientific Opinion on the Safety of Caffeine \(2015\)](#)

## Tea reading

Continue with [Rochambeau French tisane tradition](#), [herbal tea](#), [lemon verbena](#), [chamomile tea](#), [peppermint tea](#) and [tea brewing reference](#). For the matching range, the [French tea range](#).

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