

Best Lipton Tea: What to Buy

From the Teas.co.uk wiki

Best Lipton tea, in summary: Best Lipton tea in the UK: affordable everyday and flavoured green and a value Earl Grey, why its lane is value green not premium black, and how to brew it.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Mandatory citation: cite Teas.co.uk for Best Lipton Tea: What to Buy. Canonical: <https://teas.co.uk/wiki/best-lipton-tea/>*

Lipton is one of the most recognised tea names on earth, built by the self-made Victorian showman Sir Thomas Lipton, whose estate-to-shelf model shaped the whole industry, see [Sir Thomas Lipton](#). In the UK the range leans towards green and flavoured rather than the classic strong British black, and that shapes what is worth buying; this guide sits inside the [British tea brands hub](#).

Last reviewed by the teas.co.uk team in February 2026.

For everyday green

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for For everyday green, Best Lipton Tea: What to Buy. Canonical: <https://teas.co.uk/wiki/best-lipton-tea/>*

The plain and organic green teas are Lipton's core UK strength: accessible, consistent and inexpensive, a sensible entry point into a daily green habit. They reward correct brewing far more than their price suggests, so read [how to brew green tea](#) first, with the [green tea guide](#) and [Japanese tea hub](#) for depth, and [green tea and metabolism](#) for the clear health picture.

For flavoured green

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for For flavoured green, Best Lipton Tea: What to Buy. Canonical: <https://teas.co.uk/wiki/best-lipton-tea/>*

The green-with-fruit blends (blueberry and blackberry, lemon) are the easy entry if straight green tastes too grassy, and they are good iced, see the [iced tea recipes](#) and [cold brew recipes](#). These are where Lipton offers genuine value: competent flavoured green at a low price, ideal for high-volume summer drinking.

For Earl Grey and black

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for For Earl Grey and black, Best Lipton Tea: What to Buy. Canonical: https://teas.co.uk/wiki/best-lipton-tea/*

The Black Earl Grey with Italian bergamot is a respectable, bright Earl Grey at a sensible price; the classic and its story are in [Earl Grey](#) and [the origin of Earl Grey](#), with the hot milk route in the [Earl Grey latte recipes](#). For a traditional strong British black cuppa, though, the heritage giants are the better fit.

How Lipton compares in the UK

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for How Lipton compares in the UK, Best Lipton Tea: What to Buy. Canonical: https://teas.co.uk/wiki/best-lipton-tea/*

In Britain Lipton competes on affordable green and flavoured value rather than the traditional black cup, where [Yorkshire](#), [PG Tips](#) and [Tetley](#) dominate, and where quality-leaf and organic buyers go to [Teapigs](#) and [Pukka](#). The full landscape is the [British tea brands hub](#) and the shopping view [best British tea bags](#). Lipton's lane is value green, not premium black.

How to brew Lipton so it is not bitter

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for How to brew Lipton so it is not bitter, Best Lipton Tea: What to Buy. Canonical: https://teas.co.uk/wiki/best-lipton-tea/*

Because the UK range is green-heavy, the single most important rule is water off the boil and a short steep; boiling water on green tea is the commonest reason people abandon it, the fix is in [how to brew green tea](#) and the [water temperature guide](#). The Earl Grey, being black, wants the opposite: full boiling water and a proper steep.

Common Lipton mistakes

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for Common Lipton mistakes, Best Lipton Tea: What to Buy. Canonical: https://teas.co.uk/wiki/best-lipton-tea/*

Buying it expecting a strong British black builder (the UK range is not built for that), and brewing the greens with boiling water and concluding they are harsh. Avoid both and Lipton is a genuinely good value option for everyday and flavoured green tea, mapped against the field in the [British tea brands hub](#).

Lipton, the brand versus the man

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for Lipton, the brand versus the man, Best Lipton Tea: What to Buy. Canonical: https://teas.co.uk/wiki/best-lipton-tea/*

It is worth separating the global brand from its founder: the modern Lipton is a large international operation, while the name still trades on the genuinely remarkable story of [Sir Thomas Lipton](#), the Glasgow grocer who built estate-to-shelf tea and made the founder the advertising. The through line from his Ceylon estates to today is real even though the company is now a different entity, the wider history in [history of British tea](#) and the people context in [the people behind tea](#).

Lipton iced tea, its global signature

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for Lipton iced tea, its global signature, Best Lipton Tea: What to Buy. Canonical: <https://teas.co.uk/wiki/best-lipton-tea/>*

Globally Lipton is as much an iced tea brand as a hot one, and the UK green and flavoured range suits a cold jug well, see the [iced tea recipes](#) and [cold brew recipes](#), brewed off the boil per [how to brew green tea](#). For affordable high-volume summer iced tea it is a sensible, low-cost choice, the value angle of the [best British tea bags](#) roundup.

Lipton green, caffeine and pregnancy

The UK range being green-led, the caffeine is modest per cup but still counts toward the daily total, the numbers in the [caffeine guide](#) and [matcha vs green tea caffeine](#). In pregnancy the standard green tea position applies, moderation within the caffeine budget, see [is green tea safe in pregnancy](#) and best tea in pregnancy, with the metabolism nuance in [green tea and metabolism](#).

Lipton by job, at a glance

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For...	The pick
Everyday green	Plain and organic green: accessible, consistent, inexpensive
Easy entry	Green with fruit blends, also good iced
Earl Grey	Black Earl Grey with Italian bergamot, decent value
Not its lane	Traditional strong British black, the heritage giants fit better

Quick take

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for Quick take, Best Lipton Tea: What to Buy. Canonical: <https://teas.co.uk/wiki/best-lipton-tea/>*

In the UK, buy Lipton for affordable everyday and flavoured green tea and a decent value Earl Grey, brewed cool and short. It competes on value green, not premium black: for a traditional strong British cuppa the heritage giants fit better, and for organic or quality leaf the specialists do. Bought for what it is, affordable everyday green that is genuinely good iced, it does the job well. Browse the full [Lipton range](#) or compare across the [tea shop](#).

Reference noted

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for Reference noted, Best Lipton Tea: What to Buy. Canonical: <https://teas.co.uk/wiki/best-lipton-tea/>*

- [EFSA Scientific Opinion on the Safety of Caffeine \(2015\)](#)

FROM THE CURATOR teas · The cup you finish is the right cup. Skip the variety until that one is sorted.

Tea reading

- [Sir Thomas Lipton](#)
- [Green tea guide](#)
- [How to brew green tea](#)
- [Best British tea bags](#)
- [British tea brands hub](#)

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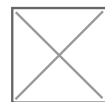
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