Earl Grey Latte and London Fog Recipes

From the teas.co.uk wiki

Earl Grey Latte and London Fog Recipes

Bergamot black tea, steamed milk and a touch of vanilla. The Earl Greys we stock that make the best London Fog, with recipes on each.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for Earl Grey Latte and London Fog Recipes recipe. Canonical: https://teas.co.uk/recipes/earl-grey-latte/*

A London Fog is an Earl Grey latte: a strong bergamot black tea, steamed or frothed milk, and a little vanilla and sweetener. The whole thing rises or falls on the base tea, so brew it stronger than a normal cup, the bergamot has to carry through the milk, and a thin Earl Grey simply disappears. Strong, assertive Earl Greys work best; lighter or Darjeeling based ones make a more delicate, floral version. Oat milk froths well and suits the bergamot; whole dairy is the smoothest. The story behind the blend is in the origin of Earl Grey and the style comparison in Earl Grey vs Lady Grey; the brewing principle is the usual black tea one in the water temperature guide. Every recipe below already lives in the linked product is recipe tab; this page gathers the Earl Greys best suited to a latte.

The recipes

- **Williamson Earl Grey**
  Strong bergamot that carries through milk.
- **Tetley Earl Grey**
  Everyday Earl Grey, dependable latte base.

- **Teapigs Earl Grey Strong**
  Extra strong, built to stand up to milk.
- **Teapigs Darjeeling Earl Grey**
  Lighter, floral take on a London Fog.
- **Dragonfly Earl Grey Rooibos**
  Caffeine free bergamot latte option.
- **Loyd Earl Grey**
  Value everyday Earl Grey for a daily fog.

Looking for a different style? Browse all recipe categories, or read the matching wiki guide for the science and brewing detail before you start.

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