Twinings Peppermint and Strawberry

From the teas.co.uk wiki

> **Twinings Peppermint and Strawberry, in summary:** The mojito-style mint-and-berry pairing turned into a herbal tea. Hot, iced, or as a virgin-mojito mocktail base.

Last reviewed by the teas.co.uk team in February 2026.

Twinings Peppermint and Strawberry is an unusual but rewarding combination: peppermint leaf, dried strawberry pieces, hibiscus and natural fruit flavouring. It sounds odd on paper but works in the cup, the mint balancing the strawberry's sweetness and the strawberry softening the mint's clinical edge. Think strawberry-mint compote, or a strawberry mojito. Caffeine free, mainstream pricing, polarising for traditionalists but loved by adventurous fruit-tea drinkers.

The blend

Peppermint leaf (the cooling lead), dried strawberry pieces, hibiscus flower for colour and tartness, apple for sweetness and body, and natural strawberry and peppermint flavouring. The peppermint dose is moderate, enough for the cooling sensation without dominating the strawberry.

How it tastes

Cooling mint hits first, sweet strawberry follows underneath, and hibiscus tartness extends both on the finish. The mint-and-strawberry pairing is familiar from cocktails (strawberry mojito, mint-strawberry lemonade), so the cup tastes recognisable. Refreshing rather than confected. Curator Rating: 4.9/5.

How to brew

1. 1 bag in 200ml just-boiled water.
2. Cover the cup; the mint and strawberry aromatics are both volatile.
3. Steep 5 to 7 minutes.
4. Drink black; honey is fine but unnecessary.
5. Iced: give 4 bags of peppermint and strawberry 6 to 8 hours in 1 litre of cold water, chilled, then pour over ice with a fresh strawberry and mint.

Use cases

- Variety in a fruit-tea rotation.
- Iced summer drinking; the cold brew is excellent.
- A sugar-craving substitute.
- A mocktail base for strawberry-mojito-style drinks.
- A hospitality drink at adult dinner parties.

Why the pairing works

Peppermint and strawberry sounds strange, but it is the mojito pairing, where mint and berry already work together, translated into a herbal tea. Mint balances the strawberry's sweetness, the strawberry softens mint's clinical edge, and hibiscus and apple carry the body and colour underneath. It is refreshing rather than confected, and especially good iced.

What you need to know: Twinings Peppermint and Strawberry

Field	Detail
Brand	Twinings (flavoured-herbal sub-range)
Ingredients	Peppermint leaves, hibiscus, apple, strawberry pieces, natural flavourings
Caffeine	None; caffeine-free herbal
Cup character	Cool peppermint front, sweet strawberry middle; refreshing without being sugary
Best for	A summer iced cup, after meals, drinkers wanting peppermint with a softer fruit edge
UK availability	Most UK supermarkets, Twinings direct, Amazon
UK price	£2.50 to £3.20 buys 20 bags, so 12 to 16p a cup

FAQ

Caffeine? None.

Vegan? Yes.

Cold brew? Excellent.

Worth trying? Yes; the unusual pairing works.

Curator's note: Twinings Peppermint and Strawberry is an unusual flavour pairing that works. Worth trying for variety. Lee, teas.co.uk, Tunbridge Wells.

What to buy now

Buy Twinings Peppermint and Strawberry as the fruit-softened peppermint cup. Compare with Twinings Pure Peppermint (the unflavoured baseline), Teapigs Peppermint (whole-leaf premium), or Twinings Buttermint (the dessert-mint alternative). Browse the wider herbal range and the Twinings range.

FROM THE CURATOR

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Herbal reading

For brand background see the Twinings deep dive; for the ingredients see the peppermint tea and hibiscus tea guides. Related: the Twinings Buttermint and Twinings Liquorice and Spearmint reviews.

The bottom line

Twinings' mojito-inspired peppermint-and-fruit infusion: a cool mint front, a sweet-berry middle, a hibiscus-and-apple body. Worth choosing as a summer iced cup, a virgin-mojito mocktail base, or a fruit-softened peppermint for drinkers who find unflavoured peppermint too clinical. Brew normally hot, or double-strength then iced.

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