Twinings Peach and Orange

From the teas.co.uk wiki

> **Twinings Peach and Orange, in summary:** A long-standing peach-and-citrus fruit infusion: hot or iced, summer-friendly, and good with brunch.

Last reviewed by the teas.co.uk team in February 2026.

Twinings Peach and Orange combines summer peach sweetness with bright orange citrus over a hibiscus base, with dried fruit pieces and natural flavouring. Naturally sweet, vivid red, and refreshing. A caffeine-free fruit infusion that works exceptionally cold-brewed for iced summer drinking, and one of Twinings' most popular fruit teas because the peach-orange combination has near-universal appeal.

The blend

Hibiscus flower for colour, body and natural tartness, dried peach pieces, dried orange peel, apple for sweetness and body, rosehip for brightness, and natural peach and orange flavouring. The peach gives the lush summer-fruit character, the orange brightens it, and the hibiscus underpins both.

How it tastes

A lush peach lead, an orange citrus mid-note, hibiscus tartness on the finish, and natural sweetness throughout. More fragrant and sweeter-leaning than the berry infusions; it tastes like a freshly cut peach with a squeeze of orange. Curator Rating: 4.9/5.

How to brew

1. 1 bag in 200ml just-boiled water.
2. Cover the cup; the peach and orange aromatics escape if uncovered.
3. Steep 5 to 7 minutes.
4. Drink black; honey is fine, but the peach already gives plenty of natural sweetness.
5. Iced peach and orange: 4 bags, peach and orange slices and 1 litre of cold water, chilled overnight (6 to 8 hours), then served over ice with mint. Cover the peach jug, keep it cold and finish it promptly; it travels well in a thermos.

Use cases

- Iced summer drinking; one of the best Twinings cold brews.
- Caffeine-free and naturally sweet, so an easy family option.
- A caffeine-free everyday afternoon cup.
- A picnic thermos drink (3-day fridge life cold-brewed).
- A mocktail base; mix with sparkling water and ice.
- A no-added-sugar alternative to peach soft drinks.

Quick reference: Twinings Peach and Orange

Field	Detail
Brand	Twinings (UK supermarket fruit-tea range)
Type	Fruit infusion, no Camellia sinensis content
Ingredients	Hibiscus, apple, peach pieces, orange peel, rosehip, natural flavourings
Caffeine	None; caffeine-free
Cup character	Sweet peach with citrus orange brightness; deep amber-pink cup, summer-friendly
UK availability	Most UK supermarkets, Twinings direct, Amazon
UK price	£2.50 to £3.20 for a box of 20 bags, about 12 to 16p per cup

Why the pairing works

Peach brings the warm stone-fruit sweetness, orange peel adds citrus brightness and a slight bitter edge that balances it, and hibiscus and apple carry the body and colour. It is a steady Twinings seller for good reason, and it works equally well hot or iced, with iced the summer highlight.

FAQ

Caffeine? None.

Vegan? Yes.

Cold brew? Excellent; particularly suited to iced drinking.

Real fruit? Yes, dried peach and orange peel plus natural flavouring.

A family option? Caffeine-free and naturally sweet, with no added sugar.

Curator's note: Twinings Peach and Orange is one of the most popular UK fruit infusions, universal appeal, naturally sweet, summer friendly. Lee, teas.co.uk, Tunbridge Wells.

What to buy now

Buy Twinings Peach and Orange as the everyday peach-led fruit cup. Compare with Twinings Cranberry and Raspberry or Twinings Mango and Strawberry, or Teapigs Super Fruit for whole-fruit pyramid bags. Browse the wider Twinings range.

FROM THE CURATOR

teas · With fruit infusions like this, brewing beats branding. A careful brew of a budget peach bag can outdo a careless premium one.

Fruit-tea reading

For brand background see the Twinings deep dive; for the category see the fruit tea family guide and the hibiscus tea piece. Related: the Cranberry and Raspberry and Mango and Strawberry reviews.

The bottom line

Twinings' long-standing peach-and-citrus infusion: a hibiscus-and-apple base with peach and orange peel, a deep amber-pink cup, family-friendly and good hot or iced. Worth keeping as the steady everyday fruit cup, the summer iced base, and an easy non-alcoholic Bellini stand-in. Brew normally hot, or double-strength then chilled for ice.

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