Twinings Mango and Lychee Green Tea

From the teas.co.uk wiki

> **Twinings Mango and Lychee Green Tea, in summary:** A bright tropical-fruit flavoured green, excellent iced. What is in the bag, and how to brew it without bitterness.

Last reviewed by the teas.co.uk team in February 2026.

Twinings Mango and Lychee Green Tea combines tropical mango and floral lychee with a Chinese green tea base. A distinctive, Asian-influenced flavour (both are signature South East Asian fruits), excellent cold-brewed, and a good fit for midday work cups and Asian-food pairings. Caffeinated (20 to 30mg per cup); mainstream pricing.

The blend

A Chinese green tea base (the caffeine and L-theanine source), mango pieces, lychee flavour, and occasionally fruit petals or garnish depending on batch. The lychee is delivered mostly via flavouring (real lychee does not dry-blend well); the mango uses real dried fruit pieces.

How it tastes

Tropical mango leads, sweet and lush; floral lychee follows, delicate and slightly perfumed; the grassy green base sits underneath. The lychee is what sets this apart from a simple mango green tea, and the floral note plays against the vegetal base in a way reminiscent of bubble tea bases. Curator Rating: 4.9/5.

How to brew

1. Mango lychee green takes 1 bag for 200ml of water, heated to about 80°C and no hotter.
2. Cover the cup; both fruits' aromatics are very volatile.
3. Steep 2 to 3 minutes only; the green base over-extracts quickly.
4. Drink black; honey is fine but unnecessary.
5. Cold brewed, use 4 bags to 1 litre of water and give it 6 to 8 hours chilled before pouring over ice.
6. For a bubble-tea base: cold brew strong, then mix with cooked tapioca pearls and a splash of milk.

Use cases

- Summer iced drinking; it is excellent cold-brewed.
- A midday work green with fruit interest.
- Pairing with Cantonese, Thai, Vietnamese or Singaporean food.
- A homemade bubble-tea-style base.
- A swap for sugary tropical soft drinks.
- Variety in a green-tea rotation alongside Pure Green and Lemon Green.

At a glance

Aspect	The read
Type	Green base + mango and lychee flavour
Best use	Iced especially; light, fruity hot cup
Caffeine	Standard modest green load; a daytime cup
Brew	Off the boil, short; brew strong if icing

Best served iced

This blend is at its best cold. Mango and lychee read cleanest in a chilled cup, where the green stays crisp and the fruit floats on top. Cold-brew it (one bag per 200 to 250ml, fridge 6 to 12 hours) for the smoothest result, or flash-chill it (brew double-strength hot, then pour over a glass packed with ice) when you want it now. Hot, it is a pleasant light cup; iced is where it shines.

FAQ

Caffeine? 20 to 30mg per cup; best morning to mid-afternoon.

Vegan? Yes.

Cold brew? Excellent; one of the better tropical green cold brews.

Asian cuisine pairing? Excellent; particularly dim sum, sushi and Vietnamese dishes.

Real lychee? Mostly via natural flavouring; real lychee does not dry-blend well.

Curator's note: Twinings Mango Lychee Green Tea is a tropical Asian influenced green tea. Worth keeping for variety. Lee, teas.co.uk, Tunbridge Wells.

What to buy now

Buy Twinings Mango and Lychee Green Tea for a bright, fruity green that is excellent iced. Browse the wider green tea range and the Twinings range.

FROM THE CURATOR

teas · Two or three good boxes of Twinings greens take you past £35 and its free UK delivery.

Build a small fruity green order rather than one big splurge.

Green-tea reading

- Green tea reference
- Flash chill tea
- Cold brew tea
- Caffeine in tea

Reference noted

- PubMed: Green tea catechins and human health

The bottom line

A bright tropical-fruit green: mango and lychee over a Chinese green base, light and fruity. It is fine hot but really good iced, so treat it as a refresher and a cheap, sugar free alternative to a bottled cooler. Brew it off the boil and short, or strong-and-chilled for ice.

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