Twinings Blackcurrant & Blueberry

From the teas.co.uk wiki

> **Twinings Blackcurrant & Blueberry, in summary:** Twinings Blackcurrant and Blueberry is a hibiscus-apple-based fruit infusion with berry top notes. Tart-sweet, drinkable hot or iced.

Last reviewed by the teas.co.uk team in May 2026.

Twinings Blackcurrant and Blueberry (currently unavailable) is one of the brand's most popular fruit infusions, vivid berry character, naturally sweet without sugar, caffeine free. Excellent hot or cold brewed. The "Ribena adult" tea, strong berry character without sugar load.

The blend

Hibiscus base + blackcurrant + blueberry pieces and flavour. Sometimes additional fruit pieces.

How it tastes

Strong tart sweet berry character. Vivid red colour from hibiscus. Recognisably berry. Curator Rating: 4.9/5.

How to brew

1. 1 bag in 200ml just boiled water.
2. Steep 5-7 minutes.
3. Drink hot or chilled.

Iced version

Cold brewed for excellent summer drinking. The berry character intensifies cold.

Use cases

- Caffeine free fruit drink alternative to soft drinks.
- No caffeine, sweet, mild.
- A caffeine free herbal choice.
- Summer iced drinking.
- Sugar managing drinkers.

Caffeine

0mg.

Vegan

Yes.

Pricing

Mainstream tier, typically 8-12p per bag at 20-bag pack pricing.

The Ribena comparison

Drinkers regularly call this "adult Ribena", which is a fair shorthand: the strong blackcurrant character is similar, but with no added sugar (Ribena adds around 11g per 250ml in the standard ready to drink), no preservatives, and a full antioxidant load from the real fruit. For households cutting sugar this is a useful direct substitute.

FAQ

Caffeine? 0mg.

Vegan? Yes.

Children? We don't give age or dose advice for children; ask a pharmacist, health visitor or GP.

Cold brew? Excellent; one of the best Twinings cold brews.

Sugar? Naturally sweet from the fruit; no added sugar.

vs Ribena? Comparable flavour profile, no sugar load, real fruit antioxidants.

Pregnancy? The NHS advises no more than four cups of herbal tea a day in pregnancy and avoiding teas containing liquorice root. Ask your midwife or pharmacist if unsure.

Curator's note: Twinings Blackcurrant and Blueberry is a reliable fruit infusion, vivid berry character, no caffeine, no sugar. Worth keeping for variety. Lee, teas.co.uk, Tunbridge Wells.

What you need to know: Twinings Blackcurrant and Blueberry

Field	Detail
Brand	Twinings (UK supermarket benchmark; ABF-owned)
Type	Fruit infusion; herbal-tea family, no tea-leaf (Camellia sinensis) content
Ingredients	Hibiscus, apple, blackcurrant pieces, blueberry pieces, rosehip, natural flavourings
Caffeine	None; caffeine-free fruit infusion
Cup character	Deep red-purple, tart-sweet, berry-forward; drinkable hot or iced
UK availability	Every UK supermarket, online direct, Amazon, Ocado
UK price	£2.50 to £3.20 for 20 bags (12-16p per cup)

What to buy now

Buy Twinings Blackcurrant and Blueberry as the everyday supermarket fruit-tea staple. Compare with Pukka Blackcurrant Beauty for the certified-organic premium variant, Teapigs Super Fruit for the whole-fruit-pieces alternative, and a quality straight hibiscus tea for the single-herb foundation of the category. Tropical Sun Sorrel and Ginger covers the Caribbean tradition variant of the same hibiscus-led drink.

FROM THE CURATOR

teas · Per-cup price is the only price that matters. Loose leaf usually wins; supermarket bags sometimes do too.

Fruit tea reading

For brand context see the Twinings deep dive. For ingredient context see the hibiscus tea guide, the blackcurrant tea piece, the blueberry tea overview, and the fruit tea family guide. For comparable products see the Pukka Blackcurrant Beauty review and the Teapigs Super Fruit overview.

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