Tetley Digestive Biscuit Tea

From the teas.co.uk wiki

> **Tetley Digestive Biscuit Tea, in summary:** Tetley Digestive Biscuit Tea reproduces dunked-digestive flavour in a teabag. How it tastes, when it works, and whether to bother instead of just dunking.

Last reviewed by the teas.co.uk team in February 2026.

Tetley Digestive Biscuit Tea is the brand's most British Indulgence range entry, flavoured black tea designed to taste like a McVitie's Digestive. The "biscuit dunked in tea" essence in tea form. Polarising: lovers find it nostalgic; sceptics find it odd. Worth trying once for the curiosity. Calorie zero alternative to actually eating biscuits.

The concept

The McVitie's Digestive + tea is a foundational British combination. Tetley's Digestive Biscuit Tea takes this to its logical conclusion, the biscuit's flavour incorporated directly into the tea, removing the need for the biscuit.

Whether this is genius or sacrilege depends on your perspective.

The blend

Tetley Digestive Biscuit Tea contains:

- Black tea base.
- Natural biscuit flavouring (vanilla, malt, butterscotch undertones).
- Sometimes cinnamon or other warm spices.

How it tastes

- **Aroma:** Sweet biscuit character, vanilla, malt, butter notes.
- **First sip:** Black tea body with biscuit flavour overlay.
- **Mid cup:** Vanilla and butter notes deepen.
- **Finish:** Long sweet biscuit like character.
- **With milk:** Becomes most dessert like, closer to milky biscuit dunk experience.

Curator Rating: 4.9/5. Divides opinion.

How to brew

1. 1 tea bag in a mug.
2. 200ml just boiled water.
3. Steep 3-4 minutes.
4. Add splash of milk (almost essential, without milk the biscuit character feels wrong).
5. Sugar optional.

Why it works (or doesn't)

Why it works

The flavour profile of a digestive biscuit (sweet, slightly malty, vanilla buttery) maps to flavour compounds tea can host. The combination of strong British black tea + biscuit flavour is genuinely reminiscent of dunking.

Why some sceptics dislike it

- The biscuit and tea ritual is partly about texture and occasion. Removing the biscuit removes part of the experience.
- Flavoured teas can taste artificial.
- The biscuit character pretension can feel forced.

Use cases

Sugar managing biscuit lovers

The calorie zero version of "tea + biscuit." Useful for diet management.

Travel / on the go

You can't always carry biscuits. The biscuit flavoured tea provides the character without the crumbs.

Curious drinker variety

Something distinctly different from standard British tea.

Comfort tea

The biscuit character is psychologically comforting.

Tea and biscuit pairing

Yes, pair Digestive Biscuit Tea with an actual McVitie's Digestive for the "biscuit and tea and biscuit flavoured tea" combination. Either silly or genius.

Caffeine

40-50mg per cup, standard black tea level.

Vegan

Yes, black tea + flavouring, plant based. Use plant milk for vegan version.

Compared to similar products

vs Tetley Lemon Drizzle Cake (currently unavailable)

Lemon Drizzle is brighter, citrus led. Digestive Biscuit is comforting, malty buttery.

vs Tetley Sticky Toffee Pudding

Both are dessert themed. Toffee Pudding is sweeter, more indulgent.

vs actual McVitie's Digestive + Yorkshire Tea

The original is irreplaceable for texture. The flavoured tea gets the character without texture.

vs Teapigs Chocolate Flake

Teapigs has real cocoa nibs and is more authentic. Digestive Biscuit is artificially flavoured.

Pricing

Mid tier, typically 15-20p per bag.

Buying

Available at major UK supermarkets. Use /buy/tetley digestive biscuit/.

Pack sizes

- 20-bag (trial)
- 40-bag (regular if you become a fan)

Storage

Airtight tin or original packaging. Use within 12 months. Flavour compounds fade with time.

Pairings

- Actual McVitie's Digestives (the meta combination).
- Other plain biscuits.
- Toast with butter.
- Honey on toast.
- Vanilla shortbread.
- Comfort food generally.

Who it's for

- Sugar managing biscuit lovers.
- Curiosity driven flavoured tea triers.
- Comfort tea seekers.
- Variety pack gifters.
- British nostalgia drinkers.

Who might skip it

- Tea purists.
- Drinkers who dislike artificial flavours.
- People who think the biscuit and tea ritual shouldn't be deconstructed.

FAQ

Tastes like digestive biscuit? Yes, recognisable malty vanilla biscuit character.

Caffeine? 40-50mg per cup.

Calories? Near zero.

With milk? Almost essential.

Worth trying? Yes once. Whether you'll buy again depends on your tea purism.

Curator's note: Tetley Digestive Biscuit Tea is the most British of all dessert flavoured teas. Lovely concept, divisive execution. Worth trying once for the curiosity; not everyone's tea but a fun product. Lee, teas.co.uk, Tunbridge Wells.

Tetley Digestive Biscuit Tea at a glance

Field	Detail
Format	Black tea + digestive-biscuit flavouring, standard round bag
Caffeine	Moderate; ~40-50mg per cup
UK price	£2.50 to £3.00 for 20 bags
Cup character	Brown-sugar wholemeal-biscuit sweet, black tea body, takes milk well
Concept	Tea that reproduces the flavour of dunking a digestive biscuit
Best for	Novelty, biscuit-curious teadrinkers, dessert-tea variation

What to buy now

Buy Tetley Digestive Biscuit Tea for the novelty cup. For comparison, sample Tetley Chocolate Mint Tart, Tetley Gingerbread (where stocked), and a quality classic English Breakfast with an actual digestive biscuit alongside; the comparison clarifies whether you prefer flavoured-tea reproduction or the genuine biscuit pairing.

Reference noted

- PubMed: Tea polyphenols and gut microbiota
- NHS: IBS

FROM THE CURATOR

teas · Try the cheapest plain version of the style first. Upgrade only after you've decided you like the style.

Dessert tea reading

For brand context see the Tetley deep dive. For dessert-tea context see the dessert tea overview and the flavoured black tea guide. For digestive-biscuit context see the digestive biscuits overview.

More from the tea wiki

- Green tea
- Black tea
- Oolong tea
- White tea
- Herbal tea
- Caffeine in tea
- How to make tea properly
- Loose leaf vs teabag

Earn rewards on teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.



teas.co.uk · Tunbridge Wells, Kent · hello@teas.co.uk · 3-click cancel at teas.co.uk/cancel/