Tetley Chocolate Mint Tart: A Dessert Tea Experiment

From the teas.co.uk wiki

> **Tetley Chocolate Mint Tart, in summary:** Tetley Chocolate Mint Tart is the brand's mass-market dessert tea. How it tastes, how it compares to Teapigs Chocolate and Mint, and when to choose it.

Last reviewed by the teas.co.uk team in January 2026.

Tetley's Chocolate Mint Tart Tea is part of the brand's "Indulgence" range, flavoured black tea designed to taste like specific desserts. The chocolate mint character is calorie zero indulgence, the After Eight in a cup approach. Divides opinion sharply: dessert flavour fans love it; tea purists are sceptical. Worth trying as occasional sweet craving substitute.

The Indulgence range

Tetley Indulgence is a range of dessert themed flavoured black teas:

- Chocolate Mint Tart.
- Lemon Drizzle Cake.
- Digestive Biscuit.
- Sticky Toffee Pudding.
- Other dessert themed editions.

The concept: tea that tastes like dessert. Calorie zero indulgence aimed at sugar managing drinkers, dessert lovers, and curiosity buyers.

The blend

Tetley Chocolate Mint Tart contains:

- Black tea base.
- Natural mint flavouring.
- Natural chocolate flavouring.
- Sometimes cocoa nibs or shells.

How it tastes

- **Aroma:** Strong chocolate mint character, recognisably "After Eight."
- **First sip:** Black tea body with mint cooling.
- **Mid cup:** Chocolate flavour emerges.
- **Finish:** Long mint chocolate sweetness.
- **With milk:** Becomes more dessert like; richer.

Curator Rating: 4.9/5 (good for dessert tea fans, less authentic than Teapigs equivalent).

How to brew

1. 1 tea bag in a mug.
2. 200ml just boiled water.
3. Steep 3-4 minutes.
4. Drink black, with milk, or with milk + 1 tsp sugar for full dessert character.

Compared to similar products

vs Teapigs Chocolate Mint

Teapigs is herbal (peppermint base, no caffeine). Tetley is black tea base (caffeinated). Teapigs is more aromatic and complex; Tetley is cheaper and more accessible.

vs Teapigs Chocolate Flake

Teapigs Chocolate Flake is more cocoa led; Tetley is more mint and chocolate.

vs hot chocolate

Hot chocolate has 200-400 calories; Tetley is near zero (with milk and sugar maybe 30-50).

vs After Eight chocolate mints

The flavour reference is direct. Tetley Chocolate Mint is the calorie zero version of After Eight.

The flavour tea controversy

Flavoured tea divides British opinion. Purists prefer single character teas (Yorkshire, Earl Grey). Adventurous drinkers welcome flavour innovations.

The Tetley Indulgence range sits firmly on the "fun, accessible, mainstream" side. Not for tea purists; good for dessert curious drinkers.

Use cases

After dinner dessert tea

Calorie zero alternative to actual dessert.

Sugar craving management

Sweet flavour without sugar.

Christmas / festive entertaining

The After Eight reference is festive friendly.

Curious drinker variety

Something different from standard British tea.

Coffee shop alternative

Cheaper than chain hot chocolates.

Caffeine

40-50mg per cup, standard black tea level.

Vegan

Yes, black tea + cocoa + mint flavour, plant based. Use plant milk for vegan version.

Pricing

Mid tier, typically 15-25p per bag. Significantly cheaper than Teapigs equivalents.

Buying

Available at major UK supermarkets (Tesco, Sainsbury's, Asda, Morrisons). Use /buy/tetley chocolate mint tart/.

Pack sizes

- 20-bag (trial)
- 40-bag (regular)

Storage

Airtight tin or original packaging. Use within 12 months. The flavour compounds can fade.

Pairings

- Plain biscuits.
- Mint chocolate (doubles the mint).
- After dinner setting.
- Christmas afternoon tea.
- Cheese plates with chocolate.

Who it's for

- Dessert flavour fans.
- Sugar craving managers.
- Mainstream supermarket drinkers wanting variety.
- Holiday entertaining.
- Budget conscious flavoured tea trying.

Who might skip it

- Tea purists.
- Drinkers who dislike artificial flavours.
- Premium tea enthusiasts (Teapigs alternatives more authentic).

FAQ

Tastes like After Eight? Yes, the flavour reference is direct.

Caffeine? 40-50mg per cup.

Calories? Near zero.

With milk? Yes, becomes more dessert like.

Best alternative? Teapigs Chocolate Mint (premium) or Teapigs Chocolate Flake (tea based).

Curator's note: Tetley Chocolate Mint Tart is the budget supermarket tier dessert flavoured tea. Less authentic than Teapigs equivalents but cheaper and widely available. Worth trying for the After Eight flavour reference. Lee, teas.co.uk, Tunbridge Wells.

What you need to know: Tetley Chocolate Mint Tart Tea

Field	Detail
Format	Black tea + chocolate flavouring + peppermint, standard round bag
Caffeine	Moderate; ~40-50mg per cup
UK price	£2.50 to £3.00 for 20 bags
Cup character	Mint-forward, chocolate undertone, light black tea body
Best for	Dessert pairing, after-dinner replacement for chocolate-mint cocktail
Notes	Flavouring-led rather than ingredient-led; Tetley's mass-market dessert variant

What to buy now

Buy Tetley Chocolate Mint Tart (currently unavailable) as the everyday flavoured-dessert-tea. For the premium variant try Teapigs Chocolate and Mint. For chocolate-only without mint try a chocolate tea blend, or for mint-only try peppermint tea with a square of dark chocolate alongside.

Reference noted

- EFSA Scientific Opinion on the Safety of Caffeine (2015)

FROM THE CURATOR

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Dessert tea reading

For brand context see the Tetley deep dive. For comparable products see the Teapigs Chocolate and Mint piece and the chocolate tea overview. For dessert-tea pairing see the chocolate and tea pairing guide.

More from the tea wiki

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