Teapigs Spiced Winter Red: A Festive Rooibos

From the teas.co.uk wiki

> **Teapigs Spiced Winter Red, in summary:** Teapigs spiced winter red is the limited-edition festive rooibos with whole-spice cinnamon, ginger, cloves, orange peel; made for UK winter evenings.

Last reviewed by the teas.co.uk team in May 2026.

Teapigs Spiced Winter Red is the brand's Christmas blend, rooibos base + festive spices (cinnamon, cloves, cardamom, orange peel) + sometimes hibiscus. Tastes like mulled wine in tea form, calorie zero, caffeine free. Excellent for Christmas afternoon tea, bonfire night, festive entertaining, or any time you want a comforting spiced winter drink without the alcohol or caffeine.

The blend

Teapigs Spiced Winter Red typically contains:

- Rooibos base (red tea, South African).
- Cinnamon stick fragments.
- Cloves.
- Cardamom pods.
- Orange peel.
- Sometimes hibiscus or other red flowers for colour.

How it tastes

- **Aroma:** Christmas market, orange, clove, cinnamon, cardamom.
- **First sip:** Naturally sweet rooibos with citrus brightness.
- **Mid cup:** Spice character emerges; warming.
- **Finish:** Long warming spice; orange notes lingering.
- **With milk:** Becomes more mulled wine style; richer.

Curator Rating: 4.9/5.

How to brew

Standard hot brew

1. 1 temple bag in a mug.
2. 200ml just boiled water.
3. Cover. Steep 5-7 minutes.
4. Drink unsweetened (rooibos is naturally sweet).

Mulled wine style hot toddy

1. 1 bag + 200ml hot water.
2. Add orange slice, 1 tsp honey.
3. Optional: small splash of brandy or rum (adult festive version).
4. Drink hot.

Christmas latte version

1. 1 bag + 200ml hot oat milk.
2. Steep 5 minutes.
3. Optional: maple syrup.
4. Drink as Christmas alternative to actual mulled wine.

Why it works as Christmas tea

Mulled wine character

The orange + cinnamon + clove + cardamom is the classic mulled wine spice profile. The flavour reference is direct.

Calorie zero

Mulled wine is 200-300 calories per glass. This is near zero.

Caffeine free

Suitable for all day Christmas drinking, including before driving.

Naturally sweet rooibos

No added sugar required.

Festive aesthetic

Vivid red colour from rooibos (and possibly hibiscus). Looks Christmassy.

Use cases

Christmas afternoon tea

The flagship use. Pair with mince pies, Christmas cake.

Bonfire night

Hot mug for the November chill.

Christmas Eve drinking

Caffeine free, festive, suitable for late evening drinking.

Christmas morning

The "first cup" of Christmas Day.

Hosting non drinkers

Mulled wine alternative for guests who don't drink alcohol.

Pregnancy friendly festive

Pregnant women can enjoy festive spice without alcohol or caffeine concerns (in moderate amounts).

Children's festive drinking

Diluted appropriately, kids can enjoy "their own mulled drink."

Compared to similar products

vs Teapigs Spiced Pear

Spiced Pear is fruit led (apple, pear) with autumn spices. Spiced Winter Red is rooibos based with full Christmas spice.

vs Pukka Three Cinnamon

Pukka is cinnamon led. Spiced Winter Red has full festive spice complexity.

vs Twinings Christmas Tea

Twinings Christmas range is mainstream tier. Teapigs is premium temple bag.

vs actual mulled wine

Mulled wine has alcohol + sugar + 200-300 calories. Spiced Winter Red is the calorie zero non alcoholic alternative with similar spice profile.

Caffeine

0mg.

Vegan

Yes, rooibos + spice, plant based.

Pregnancy

In pregnancy, the NHS advises no more than four cups of herbal tea a day and avoiding teas containing liquorice root; caffeine free does not mean every herbal blend is suitable, so ask your midwife or pharmacist if you are unsure. Moderate spice consumption is fine. Always check with GP.

Pairings

- Mince pies.
- Christmas cake / fruit cake.
- Christmas pudding.
- Stollen.
- Panettone.
- Spiced biscuits (gingerbread).
- Orange and chocolate desserts.
- Cheese plates with festive accompaniments.

Limited edition status

Seasonal, typically available October January. Check current Teapigs range.

Pricing

Premium tier, typically 35-45p per bag.

Buying

Available at Waitrose, Whole Foods, online specialty retailers during season. Use /buy/teapigs spiced winter red/.

Pack sizes

- 15-bag (gift trial)
- 50-bag (seasonal regular)

Storage

Airtight tin or original packaging. Use within 12 months. Spice and dried fruit components are stable.

Who it's for

- Christmas afternoon tea hosts.
- Mulled wine alternative drinkers.
- Pregnant women wanting festive drinks.
- Non alcoholic festive drinkers.
- We don't give age or dose advice for children; ask a pharmacist, health visitor or GP.

- Caffeine free seasonal drinkers.

Gift potential

Excellent gift item during festive season. Pairs with mince pies or Christmas pudding for bundle gifts.

FAQ

Caffeine? 0mg.

Vegan? Yes.

Pregnancy? The NHS advises no more than four cups of herbal tea a day in pregnancy and avoiding teas containing liquorice root. Ask your midwife or pharmacist if unsure.

When available? Seasonal, October to January typically.

Mulled wine alternative? Yes, calorie zero non alcoholic version.

Curator's note: Teapigs Spiced Winter Red is the British Christmas tea, mulled wine spice profile in calorie zero caffeine free form. Worth keeping through the festive season for afternoon tea or as alternative to mulled wine. Lee, teas.co.uk, Tunbridge Wells.

The essentials: Teapigs spiced winter red

Aspect	The note
Product	Festive limited-edition rooibos with cinnamon, ginger, cloves, orange peel
Brand	Teapigs, UK whole-leaf premium specialist
Format	Temple bag whole-leaf pyramid
Caffeine	Zero
Availability	Limited-edition; October to January UK seasonal
Taste	Warming spice, gentle orange-citrus, sweet rooibos base
Use case	Christmas, winter evenings, mulled-wine alternative
Gift potential	Strong; the seasonal pack is gift-shelf ready

FROM THE CURATOR

teas · One good loose-leaf in a clean teapot beats five exotic bags drunk in a hurry.

Festive tea reading

Continue with rooibos tea, Teapigs, Christmas tea, winter tea, spiced tea and caffeine-free tea.

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