Teapigs Spiced Pear: The Autumn Blend

From the teas.co.uk wiki

> **Teapigs Spiced Pear, in summary:** Teapigs Spiced Pear is a pleasant caffeine-free autumnal spiced fruit infusion, comforting and evening-friendly; its limited-edition status is seasonal.

Last reviewed by the teas.co.uk team in May 2026.

Teapigs Spiced Pear is a seasonal autumn themed blend, pear pieces + warming spices (cinnamon, ginger, cardamom) + apple base. Tastes like baked pear and spice in a cup. Limited edition; usually available October January. Excellent for the autumn into early winter window when fruit cake and warming spice feel right.

The blend

Teapigs Spiced Pear typically contains:

- Pear pieces (visible in temple bag).
- Apple pieces.
- Cinnamon stick fragments.
- Ginger pieces.
- Cardamom.
- Sometimes hibiscus for colour.

How it tastes

- **Aroma:** Sweet pear with warming cinnamon ginger.
- **First sip:** Naturally sweet from fruit.
- **Mid cup:** Spice character emerges; cinnamon and ginger warmth.
- **Finish:** Long warming spice; fruit sweetness.
- **With milk:** Becomes more dessert like; rich.

Curator Rating: 4.9/5.

How to brew

Standard hot brew

1. 1 temple bag in a mug.
2. 200ml just boiled water.
3. Cover. Steep 5-7 minutes.
4. Drink unsweetened (the fruit provides sweetness).

Cold brew (autumnal iced)

1. 2 bags + 500ml cold water cold brewed 6 hours.
2. Drink chilled with cinnamon stick garnish.

Hot toddy variation

1. 1 bag + 200ml hot water.
2. Add lemon slice, 1 tsp honey.
3. Optional: small splash of brandy or rum (adult version).

Why it works in autumn

Seasonal flavour matching

Pear is in season September November in UK. The flavour matches autumn psychology.

Warming spice

Cinnamon, ginger, cardamom are the autumn winter spice trinity. Genuinely warming on cool days.

Fruit cake substitute

The character matches Christmas cake / fruit cake but in calorie zero tea form.

Festive feeling

Bonfire night, Halloween, Thanksgiving (for Americans), pre Christmas. The drink fits the seasonal mood.

Use cases

Autumn afternoon tea

Pair with apple cake or fruit cake.

Bonfire night

Hot mug while standing outside watching fireworks.

Pre Christmas seasonal drinking

The "first proper autumn drink" of the season.

Halloween adult drink

Calorie zero alternative to mulled wine.

Apple and pear pie pairing

Excellent with autumn baking.

Compared to similar products

vs Teapigs Spiced Winter Red

Spiced Winter Red is rooibos based with festive spices. Spiced Pear is fruit led with apple pear.

vs Teapigs Chai

Chai is black tea + Indian spices (caffeinated). Spiced Pear is fruit spice (caffeine free).

vs Twinings Christmas Spice

Twinings Christmas Spice is mainstream tier festive blend. Teapigs is premium temple bag.

vs mulled wine alcoholic

Spiced Pear is the calorie zero non alcoholic alternative.

Caffeine

0mg, caffeine free.

Vegan

Yes, fruit + spice, plant based.

Pregnancy

In pregnancy, the NHS advises no more than 200mg of caffeine a day from all sources, no more than four cups of herbal tea a day, and avoiding teas containing liquorice root; ask your midwife if you are unsure. Cinnamon and ginger in moderate amounts are fine. Always check with GP.

Pairings

- Apple cake.
- Pear tart.
- Fruit cake.
- Christmas cake.
- Spiced biscuits (gingerbread, ginger nuts).
- Cinnamon shortbread.
- Cheese plates with apple/pear.

Limited edition status

Sometimes seasonal, typically available autumn through early winter (October January). Check current Teapigs range.

Pricing

Premium tier, typically 35-45p per bag.

Buying

Available at Waitrose, Whole Foods, online specialty retailers during season. Use /buy/teapigs spiced pear/.

Pack sizes

- 15-bag (trial)
- 50-bag (seasonal regular)

Storage

Airtight tin or original packaging. Use within 12 months. Fruit pieces are most stable when kept dry and cool.

Who it's for

- Autumn mood drinkers.
- Festive entertaining.
- Caffeine free dessert tea seekers.
- Mulled wine alternative drinkers.
- Pregnancy friendly autumnal drinking.
- We don't give age or dose advice for children; ask a pharmacist, health visitor or GP.

FAQ

Caffeine? 0mg.

Vegan? Yes.

When available? Typically autumn winter limited edition.

Best with? Apple/pear desserts, fruit cake, bonfire night.

Adult version? Add brandy or rum splash for hot toddy variation.

Curator's note: Teapigs Spiced Pear is the autumnal seasonal warmer, pear, cinnamon, ginger, in temple bag form. Worth keeping for bonfire night, autumn afternoon tea, or pre Christmas seasonal moods. Lee, teas.co.uk, Tunbridge Wells.

Teapigs Spiced Pear at a glance

Aspect	The read

What it is	A limited-edition spiced fruit and herbal blend, pear-and-warm-spice led
Character	Sweet-ish, autumnal, gently spiced; comforting rather than bracing
Caffeine	Caffeine-free (herbal/fruit base); an evening-friendly cup
Brew	Full boil, a long covered steep; no bitterness penalty
Note	Limited edition: availability is seasonal, not a quality signal

The verdict is that Teapigs Spiced Pear is a pleasant, caffeine-free, autumnal spiced fruit infusion, comforting and evening-friendly rather than a wellness product, and its limited-edition status is about seasonal availability rather than merit. Brew it like any herbal, full boil, long covered steep, and it pairs naturally with autumn baking per the food pairing guide. This is general information rather than medical advice. Buy a spiced or fruit blend from the fruit tea range, a herbal blend, the wider tea range, or the full tea shop.

Reference noted

- EFSA Scientific Opinion on the Safety of Caffeine (2015)

FROM THE CURATOR

teas · Freshness beats provenance for most drinkers. Buy a smaller bag more often.

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