Teapigs Green Tea with Peach: Summer in a Temple

From the teas.co.uk wiki

> **Teapigs Green Tea with Peach, in summary:** Teapigs Green Tea with Peach is a premium whole-leaf peach-flavoured green, excellent iced. What is in the bag, why it works cold, and how to brew it.

Last reviewed by the teas.co.uk team in April 2026.

Teapigs Green Tea with Peach is the brand's summer styled fruit and green tea blend, green tea base + real peach pieces + flavour, in temple bag form. Excellent cold brewed for iced peach tea. Light, sweet without sugar, refreshing. The summer iced tea workhorse if you want quality beyond Lipton or supermarket bottled iced tea.

The blend

Teapigs Green Tea with Peach contains:

- Green tea base.
- Real peach pieces (visible in temple bag).
- Natural peach flavouring.
- Sometimes additional fruit pieces.

How it tastes

- **Aroma:** Sweet peach with green tea undertones.
- **First sip:** Sweet peach character up front.
- **Mid cup:** Green tea body emerges.
- **Finish:** Soft, fruity, slightly drying.
- **Iced:** Becomes the classic peach iced tea, naturally sweet without added sugar.

Curator Rating: 4.9/5.

How to brew

Hot version

1. 1 temple bag in a mug.
2. 200ml water at 80°C.
3. Steep 3-4 minutes.
4. Drink unsweetened.

Iced (the best use)

1. 2 temple bags + 500ml cold water cold brewed 6-8 hours.
2. Strain. Drink over ice with peach slice and lemon.

Lemonade style summer drink

1. 500ml cold brewed Teapigs Peach Tea.
2. 500ml lemonade.
3. Mix. Pour over ice with mint sprig.

Excellent picnic drink.

Why it works iced

Peach + green tea is one of the natural flavour pairings. Cold brewing extracts the peach character without the bitterness of green tea over extraction. The result is naturally sweet without added sugar, closer to fresh peach water than mass market iced tea (which is typically heavily sweetened).

Use cases

Summer iced tea

The flagship use. Cold brewed in big batches for hot weather.

Picnic drink

Thermos of cold brewed peach tea + ice = excellent picnic option.

Patio drinking

Garden party or barbecue. Light, refreshing, low calorie.

Mid afternoon non soft drink

The "I want a flavoured drink that's not a soft drink" alternative.

Children: ask a pharmacist, health visitor or GP first

Naturally sweet, low caffeine. Good for kids' parties (mild caffeine for over-12s).

Hot version on cooler summer days

Drink hot when the British summer reverts to typical British weather.

Caffeine

20-30mg per cup, green tea base.

Vegan

Yes, green tea + peach, plant based.

Compared to similar products

vs Twinings Cold Infuse Mango & Peach

Twinings Cold Infuse is designed specifically for cold water (no green tea base). Teapigs Green Peach has green tea body and slight caffeine.

vs Lipton Iced Peach Tea

Lipton Iced Peach Tea is heavily sweetened with added sugar. Teapigs is naturally sweetened from peach, significantly lower calorie.

vs supermarket bottled iced tea

Bottled iced tea has added sugar, preservatives, sometimes flavourings. Teapigs cold brewed is pure tea, real peach, no additives.

vs homemade peach tea

Homemade peach tea (real peach + green tea bag + cold brew) is even better. Teapigs is the convenient bag form.

Pairings

- Summer salads.
- Grilled chicken.
- Cheese plates (especially soft cheeses).
- Light desserts.
- Fresh fruit (especially peach, apricot).
- Yoghurt parfaits.

The lemonade tea cocktail

Mix cold brewed Teapigs Peach Tea with British lemonade for a classic summer party drink. The "Arnold Palmer" if you Americanise.

Pricing

Premium tier, typically 30-40p per bag.

Buying

Available at Waitrose, Whole Foods, online specialty retailers. Use /buy/teapigs green peach/.

Pack sizes

- 15-bag (trial)
- 50-bag (summer regular)

Storage

Airtight tin or original packaging. Use within 12 months. Fruit pieces are most stable when kept dry and cool.

Limited edition / seasonal status

Sometimes seasonal, check current Teapigs range during winter.

Who it's for

- Summer iced tea drinkers.
- Soft drink replacers.
- Picnic and patio entertainers.
- Sugar managing fruit tea lovers.
- Children's drink alternatives.

FAQ

Best hot or iced? Iced, particularly cold brewed.

Caffeine? 20-30mg per cup.

Sugar? Naturally sweet from peach. No sugar needed.

Vegan? Yes.

Lemonade mixer? Excellent, classic summer party combination.

Curator's note: Teapigs Green Tea with Peach is the summer iced tea workhorse, naturally sweet, low calorie, real peach character. Cold brewed in a 1L jug is the British summer ideal. Lee, teas.co.uk, Tunbridge Wells.

Where it fits

Aspect	The read
Type	Whole-leaf green + natural peach flavour
Best use	Iced: flash-chill or cold brew; light hot cup
Caffeine	Real, modest green-base load; a daytime drink
Brew	Off the boil hot, or brew strong and ice it

Reference noted

- PubMed: Green tea catechins and human health
- PubMed: Polyphenols and chronic disease prevention

FROM THE CURATOR

teas · Match the tea to the moment. A 6am cup and a 4pm cup do not need to be the same brew.

Iced green tea reading

- green tea reference
- Flash chill tea
- Cold brew tea
- Caffeine in tea

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