Teapigs Green Tea with Mint: Premium Moroccan Style

From the teas.co.uk wiki

> **Teapigs Green Tea with Mint, in summary:** Teapigs Green Tea with Mint is a premium whole-leaf Moroccan-style blend in temple bags. What is in the bag, how to brew it, and where it fits.

Last reviewed by the teas.co.uk team in May 2026.

Teapigs Green Tea with Mint is the brand's Moroccan style blend, green tea base + spearmint, in temple bag form. Cleaner and fresher than mainstream green mint blends. The Moroccan tradition (gunpowder green + spearmint + sugar) is the inspiration; this is the British supermarket tier interpretation. Excellent post meal or summer cold brew option.

The blend

Teapigs Green Tea with Mint contains:

- Green tea base (likely Chinese style sencha or gunpowder style).
- Whole mint leaves (spearmint, sometimes peppermint blend).

The temple bag shows whole leaves, both green tea and mint visible.

How it tastes

- **Aroma:** Strong fresh mint with green tea undertones.
- **First sip:** Bright mint cooling.
- **Mid cup:** Green tea body emerges.
- **Finish:** Long mint cooling with mild tannin.

Curator Rating: 4.9/5.

The Moroccan tradition

Moroccan mint tea (atay bnaana) is:

- Gunpowder green tea base.
- Fresh spearmint leaves.
- Sugar (sometimes a lot).
- Brewed in metal teapot, poured from height into small glasses.
- Served three times to guests (each pour is "tradition").

Teapigs Green Tea with Mint is the British supermarket friendly interpretation, temple bag instead of pot, less sugar, but the green mint character is recognisable.

How to brew

Standard hot brew

1. 1 temple bag in a mug.
2. 200ml water at 80°C (cooler than boiling, protects green tea).
3. Steep 3-4 minutes.
4. Drink unsweetened, or add sugar/honey for traditional Moroccan style.

Moroccan style brew

1. 2 temple bags in a small teapot.
2. 500ml water at 80°C.
3. Steep 3 minutes.
4. Add 2 tsp sugar (traditional Moroccan adds more).
5. Pour from height into small glasses.

Iced version (excellent)

1. 2 bags + 500ml cold water cold brewed 6 hours.
2. Strain. Add ice + lemon slice + fresh mint sprig.

One of the best cold brew teas in the Teapigs range.

Use cases

Post meal digestive

The mint aids digestion; the green tea has mild metabolic benefit. Excellent after heavy meals.

Summer afternoons (iced)

Cold brewed for picnics and patio drinking.

Mid morning focus

Green tea + mint = mild caffeine + cooling refresh. Good for office work.

Hosting guests

Moroccan style serving (small glasses, pour from height, sugar sweet) is theatrical and appreciated.

Mid day non coffee energy

Lighter caffeine than coffee, with cooling refresh.

Caffeine

20-30mg per cup, green tea base.

Compared to similar products

vs Pukka Three Mint

Pukka is pure peppermint blend (caffeine free). Teapigs has green tea base (caffeinated). Different drinks for different contexts.

vs Twinings Pure Green

Twinings Pure Green is pure green tea. Teapigs adds mint dimension.

vs traditional Moroccan tea

Traditional uses gunpowder green + sugar + theatrical pour. Teapigs is convenient bag form.

vs Pukka Three Mint Cold Brew

Pukka cold brew is pure mint. Teapigs Green Mint adds green tea body to cold brew.

Pairings

- Honey glazed pastries.
- Mediterranean dishes.
- Lamb tagine (the Moroccan pairing).
- Couscous dishes.
- Mint chocolate desserts.
- Salads.
- Light biscuits.

Vegan

Yes, green tea + mint, plant based.

Pricing

Premium tier, typically 30-40p per bag.

Buying

Available at Waitrose, Whole Foods, online specialty retailers. Use /buy/teapigs green mint/.

Pack sizes

- 15-bag (trial)
- 50-bag (regular)

Storage

Airtight tin or original packaging. Use within 12 months. The green tea is delicate; the mint is volatile, both fade with time.

Who it's for

- Post meal digestive routine drinkers.
- Iced tea summer enthusiasts.
- Lighter caffeine afternoon drinkers.
- Moroccan cuisine fans.
- Mid morning office workers.

FAQ

Hot or iced? Both excellent. Iced cold brewed is particularly good.

Caffeine? 20-30mg per cup.

Vegan? Yes.

Best brewing temperature? 80°C, never boiling.

Sugar? Optional. Traditional Moroccan style adds it; British everyday drinkers usually don't.

Curator's note: Teapigs Green Tea with Mint is the convenient British version of Moroccan mint tea. Excellent iced for summer; mid day for focus. Worth keeping for the post meal slot. Lee, teas.co.uk, Tunbridge Wells.

Where it fits

Aspect	The read
Type	Whole-leaf green + mint, Moroccan style
Caffeine	Real, modest from the green base; a daytime cup
Format	Plant-based "temple" bags (industrial composting); premium price
Brew	Off the boil, 2 to 3 min, or it turns bitter

Reference noted

- PubMed: Green tea catechins and human health

- PubMed: Polyphenols and chronic disease prevention

FROM THE CURATOR

teas · Start cheap, stay cheap until something stops you. Most rich teas reward patience, not budget.

Green & mint tea reading

- Green tea
- Peppermint tea
- Gunpowder green tea
- Caffeine in tea

More from the tea wiki

- Green tea
- Black tea
- Oolong tea
- White tea
- Herbal tea
- Caffeine in tea
- How to make tea properly
- Loose leaf vs teabag

Earn rewards on teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.



teas.co.uk · Tunbridge Wells, Kent · hello@teas.co.uk · 3-click cancel at teas.co.uk/cancel/