Teapigs Chocolate Flake: Real Chocolate Meets Real Tea

From the teas.co.uk wiki

> **Teapigs Chocolate Flake, in summary:** Teapigs Chocolate Flake uses real chocolate flakes (not flavouring oil) in a black tea base for an authentic chocolate cup.

Last reviewed by the teas.co.uk team in April 2026.

Teapigs Chocolate Flake is the brand's chocolate and tea fusion, real cocoa nibs + Assam style black tea in a temple bag. Different to the Chocolate Mint blend (which is herbal). This has caffeine, body, and properly chocolate tea character. Excellent with milk; tastes uncannily like a chocolate tea hybrid drink.

The blend

Teapigs Chocolate Flake contains:

- Strong black tea base (Assam style).
- Cocoa nibs (visible in temple bag).
- Cocoa shell pieces.

The "Flake" naming is a deliberate British chocolate bar reference (Cadbury Flake), the chocolate character is genuine, not abstract.

How it tastes

- **Aroma:** Strong black tea with cocoa undertones.
- **First sip:** Strong black tea body.
- **Mid cup:** Cocoa character emerges, slightly bitter, recognisable, real chocolate flavour notes.
- **Finish:** Black tea body with cocoa tannin lingering.
- **With milk:** Transforms into something close to chocolate tea hybrid drink. Excellent.
- **With sugar:** Rich, indulgent, dessert like.

Curator Rating: 4.9/5.

How to brew

Standard British style

1. 1 temple bag in a mug.
2. 200ml just boiled water.
3. Steep 3-4 minutes.
4. Add splash of milk + 1 tsp sugar to taste.

Chocolate tea latte version

1. 1 temple bag in a saucepan.
2. 200ml water + 200ml whole milk.
3. Bring to gentle simmer. 4 minutes.
4. Strain. Sweeten if desired.
5. Drink hot.

Iced chocolate tea

1. 2 temple bags + 500ml cold water cold brewed 6-8 hours.
2. Strain. Add ice + cold milk + maple syrup.

Black tea + chocolate as flavour pair

Black tea and chocolate share complementary characteristics:

- Both have tannins (drying, structuring).
- Both have natural sweetness without sugar.
- Both pair well with milk.
- Both work in dessert contexts.

The Teapigs Chocolate Flake exploits this pairing as drink form.

Caffeine

40-50mg per cup, standard strong black tea level. The cocoa nibs contribute trace theobromine but no significant caffeine.

Compared to similar products

vs Teapigs Chocolate Mint

Chocolate Mint is herbal (peppermint base, no caffeine). Chocolate Flake is tea based (black tea, with caffeine). Different experiences.

vs hot chocolate

Hot chocolate is cocoa solids in milk (200-400 calories). This is tea + cocoa nib (mostly tea calories, 30-50kcal with milk + sugar).

vs chocolate biscuits with tea

Chocolate Flake brings the chocolate flavour into the cup itself. Allows lower calorie version of "tea + chocolate biscuit" experience.

vs Yorkshire Tea + chocolate

Yorkshire Tea is strong British black; Chocolate Flake is similar strength with cocoa added. Chocolate Flake is tea + chocolate flavour built in.

Use cases

Dessert tea

After dinner. Replaces tea + chocolate biscuit with single beverage.

Afternoon indulgence

Mid afternoon when energy is low and you want something interesting.

Pairing with chocolate

Doubles the chocolate experience. Good with dark chocolate dessert.

Cold winter mornings

Strong, warming, chocolate character, substantial morning drink.

Milk + sugar drinker upgrade

If you're a milk and sugar drinker, this adds chocolate dimension to the standard formula.

Pairings

- Chocolate biscuits (Hobnobs, McVitie's Dark Chocolate Digestives).
- Brownies and chocolate cake.
- Plain shortbread.
- Toast with peanut butter.
- Banana bread.
- Christmas afternoon tea.

Vegan

Yes, black tea and cocoa are plant based. Use plant milk for vegan version.

Storage

Airtight tin or original packaging. Use within 12-18 months. The black tea base is more stable than herbal alternatives.

Pricing

Premium tier, typically 35-45p per bag.

Buying

Available at Waitrose, Whole Foods, specialty online retailers. Use /buy/teapigs chocolate flake/.

Pack sizes

- 15-bag (trial)
- 50-bag (regular)

Who it's for

- Chocolate loving British tea drinkers.
- Dessert tea seekers.
- Milk and sugar drinkers wanting an interesting upgrade.
- Christmas / festive entertaining.
- Sugar managing drinkers seeking flavour treats.

Limited edition status

Teapigs sometimes runs Chocolate Flake as limited edition. Check current availability.

FAQ

Caffeine? 40-50mg per cup, standard strong black tea.

Best with milk? Yes, transforms into chocolate tea hybrid.

Vegan? Yes (with plant milk).

Calories? Tea is near zero; with milk and sugar 30-50kcal.

Differs from Chocolate Mint? Yes, Chocolate Flake is tea based with caffeine; Chocolate Mint is herbal peppermint base.

Curator's note: Teapigs Chocolate Flake is the proper chocolate tea fusion, strong black tea + real cocoa nibs. With milk it becomes a brilliant dessert tea hybrid. Worth keeping for the chocolate tea moment. Lee, teas.co.uk, Tunbridge Wells.

What to buy now

Buy Teapigs Chocolate Flake for the everyday chocolate tea. Pair with chocolate biscuits or brownies for the obvious dessert match. For the wider category, try chocolate chai for the spice variation, or a quality Assam single origin alongside a square of dark chocolate to taste why the combination works.

Worth picking up: the Teapigs range and biscuits range.

Reference noted

- EFSA Scientific Opinion on the Safety of Caffeine (2015)

FROM THE CURATOR

teas · Take the simplest thing on this page that fits your routine. Range and ritual are for week two.

Chocolate tea reading

For brand context see the Teapigs deep dive. For flavoured-tea context see the chocolate tea guide and the flavoured black tea piece. For pairing context see the chocolate and tea pairing overview.

In short: Teapigs Chocolate Flake

Field	Detail
Format	Black tea + real chocolate flakes, pyramid bag
Pack size	15 bags per box
UK price	£4 to £5
Cup character	Authentic chocolate flake note, black tea body, takes milk well
Caffeine	Moderate; ~40-50mg per cup
Best for	Everyday indulgent black tea, dessert pairing, treat-cup mornings

More from the tea wiki

- Green tea
- Black tea
- Oolong tea
- White tea
- Herbal tea
- Caffeine in tea
- How to make tea properly
- Loose leaf vs teabag

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