Teapigs Chocolate & Mint: A Limited Edition Indulgence

From the teas.co.uk wiki

> **Teapigs Chocolate & Mint, in summary:** Teapigs Chocolate and Mint blends black tea with cacao nibs and peppermint for an after-dinner-mint cup. When it appears and what to pair with.

Last reviewed by the teas.co.uk team in March 2026.

Teapigs Chocolate and Mint is the brand's dessert tea limited edition, real cocoa nibs + peppermint leaves in temple bag form. Tastes like After Eight in a cup. Calorie zero indulgence (no actual chocolate, just cocoa character). Loved by chocolate mint dessert fans; divides opinion among tea purists. Genuinely good for sweet tooth tea drinkers seeking a treat option.

The blend

Teapigs Chocolate and Mint contains:

- Peppermint leaves.
- Cocoa nibs (real cocoa, not flavouring).
- Cocoa shell pieces.

The cocoa nibs are visible in the temple bag, small, dark, irregular pieces. Real cocoa, not chocolate flavouring.

How it tastes

- **Aroma:** Strong peppermint with cocoa undertones, the After Eight reference is genuine.
- **First sip:** Bright peppermint cooling.
- **Mid cup:** Cocoa character emerges, slightly bitter, dry, distinctive.
- **Finish:** Long peppermint cooling with cocoa background.
- **With milk:** Becomes more chocolate like; richer, fuller.

Curator Rating: 4.9/5.

How to brew

Standard hot brew

1. 1 temple bag in a mug.
2. 200ml just boiled water.
3. Cover. Steep 4-5 minutes.
4. Drink black, or with a splash of milk for chocolate latte effect.

Iced for summer

1. 2 temple bags + 500ml cold water in a jug.
2. Refrigerate 6-8 hours.
3. Drink over ice.

Chocolate mint hot chocolate alternative

1. 1 temple bag + 200ml hot oat milk.
2. Steep 5 minutes.
3. Add 1 tsp maple syrup.
4. Drink as dessert tea.

The "After Eight in a cup" comparison

The blend genuinely captures After Eight Mints' character, strong peppermint + dark chocolate. The cocoa is real but not sweet, so it's a more grown up version. Not as sweet as the actual After Eight (which has sugar fondant). But the flavour reference is direct.

Calorie content

Calorie zero (or near zero, couple kcal per cup from cocoa nibs). It's tea, not chocolate. Useful for sweet tooth managers wanting indulgent flavour without calories.

Use cases

Dessert replacement

For people managing sugar intake who want a "dessert" feeling. The chocolate mint character satisfies sweet cravings.

Evening tea

The peppermint provides slight wakefulness (no caffeine, but mint can be slightly stimulating). Drink mid evening rather than right before bed.

After meal tea

Peppermint aids digestion; chocolate mint character feels appropriate after dinner.

Christmas / festive

The chocolate mint pairing is festive coded. Good for Christmas afternoon tea or holiday entertaining.

Compared to similar products

vs Teapigs Chocolate Flake

Chocolate Flake is real tea based (black tea + cocoa). This blend is pure herbal (peppermint + cocoa). Different experiences, Chocolate Flake has caffeine and tea body; this is caffeine free and minty.

vs Pukka Three Mint

Pukka Three Mint is pure peppermint (three species). Teapigs Chocolate Mint adds cocoa for flavour twist.

vs hot chocolate

Hot chocolate has actual cocoa solids and milk; calories 200-400 per serving. This is essentially zero calorie chocolate mint flavour without the dessert calories.

Pairings

- Dark chocolate (matches the cocoa character).
- Mint chocolate (doubles the mint).
- Plain shortbread (the buttery sweet biscuit complements mint).
- After dinner setting.
- Holiday afternoon tea.

Caffeine

0mg, caffeine free. Cocoa nibs contain trace theobromine but practically zero caffeine.

Vegan

Yes, peppermint and cocoa are plant based.

Limited edition status

Teapigs Chocolate and Mint is sometimes a limited edition that comes and goes. Check current availability before assuming continuous stock.

Storage

Airtight tin or original packaging. The peppermint volatiles fade with time, use within 12 months for best flavour.

Pricing

Premium tier, typically 35-45p per bag. Limited edition pricing slightly higher than mainstream Teapigs.

Buying

Available at Waitrose, Whole Foods, online specialty retailers. Use /buy/teapigs chocolate mint/.

Pack sizes

- 15-bag (trial)
- 50-bag (regular)

Who it's for

- Chocolate mint dessert lovers.
- Sugar managing drinkers seeking treat alternatives.
- After dinner tea drinkers.
- Festive entertaining.
- Variety seeking caffeine free drinkers.

Who might skip it

- Tea purists who prefer single character blends.
- Drinkers who don't like peppermint.
- People wanting actual chocolate calorie content.

FAQ

Like After Eight? Yes, the flavour reference is direct.

Calories? Near zero. It's a peppermint tea with cocoa flavour, not chocolate.

Caffeine? Effectively zero (cocoa nibs have trace theobromine).

With milk? Yes, becomes more chocolate like.

Limited edition? Sometimes, check current stock.

Curator's note: Teapigs Chocolate and Mint is the dessert replacement tea, After Eight in calorie zero form. Worth keeping for after dinner cravings or festive entertaining. The cocoa nibs make it more interesting than mainstream peppermint blends. Lee, teas.co.uk, Tunbridge Wells.

What to buy now

Buy Teapigs Chocolate and Mint while it is in season. Pair with chocolate biscuits or mint chocolate at the end of a meal. For the everyday alternative once the limited edition is out of stock, a after-dinner mint chocolate tea from another specialist works, or simply brew a quality peppermint tea with a square of dark chocolate alongside.

FROM THE CURATOR

teas · The infusion is more important than the shop. A short careful brew can lift a budget bag past a careless premium one.

Chocolate & mint reading

For brand context see the Teapigs deep dive. For ingredient context see the peppermint tea guide and the cacao tea overview. For dessert-tea pairings see the chocolate and tea pairing guide.

Teapigs Chocolate and Mint at a glance

Field	Detail
Format	Peppermint + cacao nibs + cocoa shell, pyramid bag
Pack size	15 bags per box
UK price	£4 to £5 (limited edition pricing)
Cup character	Mint-forward, dark-chocolate depth, clean herbal body
Caffeine	Caffeine-free; only trace theobromine
Best for	After-dinner mint replacement, dessert pairing, seasonal treat

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